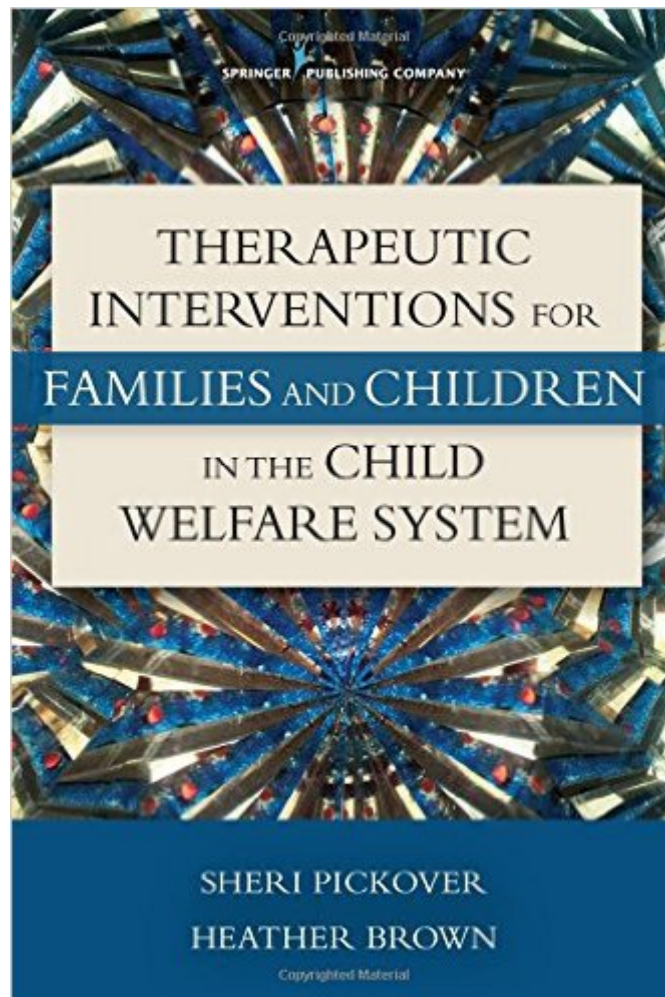


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# Therapeutic Interventions For Families And Children In The Child Welfare System



## Synopsis

This one-of-a-kind resource for mental health professionals covers treatment issues unique to children and families who have a relationship with the foster care system. With a focus on understanding how to navigate the complexities of the child welfare system, the book identifies and addresses mental health and behavioral issues specific to this population and provides proven, effective treatment interventions. It brings together in one place the myriad of current resources available to help such children and families, and addresses situations that span removal from the home to kin or foster care, reunification, adoption, or other permanent family connections. Broad in scope and depth, the text addresses treatment issues not discussed elsewhere, such as how to cope with acting out in the foster home, how to draft a behavior modification plan, and how to maneuver through the court process. It delivers evidence-based guidelines for engaging and collaborating with other professionals, addressing crises, and assisting with transitions. The book also discusses the use of medications and barriers to effective treatment. Strategies are directed at such specific issues as sexual abuse, physical abuse, substance abuse, neglect, trauma, and attachment. Of special interest is a focus on the worldview of the parties involved in the child welfare system, including the child, the family, the birth parent, and the foster parent. Chapters weave case studies, ethical issues, multicultural concerns, and current research into a highly accessible guide.

**KEY FEATURES:** Provides core information about the child welfare system for mental health professionals who work with this population Includes treatments that really work Illustrates, through case studies, how to combat common issues for the child welfare population and their families Describes strategies for engagement, collaboration, addressing crises, and assisting with transitions

## Book Information

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## Customer Reviews

As a former foster care worker I found this book to be remarkable. The authors provide a detailed yet concise description of the foster care system. The reader is given a description of what abuse and neglect look like. For example types of physical, emotional and environmental abuses are outlined. We are then given a glimpse into the how referrals are made, and ultimately who decides for a child to be removed from a caregiver. As you journey further you are given three beautiful gifts. These gifts include seeing the worldview of being in foster care from the perspective of the child, the parent and the foster parent. I call these gifts because as a former foster care worker the worldviews gave me new perspectives that I had not considered. I have personally seen foster parents present as emotionally cold. My reactions were not very empathetic. However after reading the book I see that their coldness may have been a coping mechanism to deal with the loss of having children placed and removed so frequently. The authors remind us of the tremendous trauma that takes place for all the parties involved and how each may respond differently. I highly recommend this book for anyone working with individuals and families that may be impacted by child welfare and foster care. Although the authors provide clinical interventions for therapists. I think even a foster parent could benefit from the information provided to better understand their role, that of the child, the parents and expectations of therapeutic interventions. The authors provide a straightforward writing approach that is easy to read and follow.

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